With an innovative technique and today’s composites, many patients can be successfully restored at lower cost and with little or no tooth reduction. Utilizing composite in large cases to transition and phase treatment can help patients with financial concerns as well. Esthetic, functional, and profitable restorations are easier and quicker than with traditional techniques—even for very complex cases. Whether you are a beginner or a master with direct resin, this course will expand your options and enhance your success.

**Learning Objectives:**
At the conclusion of this course, attendees will be able to:

- Understand how complex cases can be transitioned/phased with the use of composite restorations.
- Perform more anterior cases in their practice.
- Offer their patients that have financial restrictions, and desire esthetic improvements, more options.

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**Susan Hollar, D.D.S.**

A graduate of Baylor College of Dentistry, Dr. Susan Hollar maintains a private practice in Arlington, Texas where she limits her practice to reconstructive and esthetic dentistry. She is an accredited fellow of the American Academy of Cosmetic Dentistry and one of 37 Pankey Scholars, and a member of the American Academy of Esthetic Dentistry. She serves as visiting faculty with the L. D. Pankey Institute’s Esthetics course. She is an examiner with the American Academy of Cosmetic Dentistry, the past chair of the American Board of Cosmetic Dentistry, She is a national lecturer on cosmetic dentistry.
Did you know that if you come to just 5 Monthly Meetings, FWDDS OSHA Course each January, And the all day CE Course each year, you will have met more than your CE requirements for the year without any travel expense? Plus, it is a good chance to network with your colleagues. Mark your calendars and plan to come!

SCHEDULE OF EVENTS & MEETINGS

September 12
Dr. Susan Hollar

September 14
Southwest Dental Conference
Dallas, TX

September 30
Society Clay Shoot
Alpine Shooting Range

October 10
Dr. Steven Bender

October 19
ADA Annual Meeting
Atlanta, GA

November 14
Dr. Andrew Lee

November 14
Alliance Bake Sale

December 14
Christmas Party
Colonial Country Club

CHECK THE WEBSITE FOR DETAILS AT FWDDS.ORG

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Call or go online to order your copy
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MESSAGE FROM FWDDS Board President

Reflecting on Research

The decision to go into periodontics became clear to me early on in dental school. Apart from enjoying dental surgery, I was very interested in the growing body of research connecting oral and systemic health. Periodontics and periodontal disease seemed to be where most of the research on this topic was focused in dentistry and medicine. There was never any doubt for me that I wanted to go into private practice and directly provide patient care. Part of my mission as a practitioner is also to increase awareness of the oral-systemic link in our patient and healthcare community.

Since finishing my specialty training in 2011, I have had some time to reflect on my educational experiences. It’s always interesting for me to think back to times in dental school or residency where I felt frustrated about doing or learning something that seemed to have little practical value. Will I ever find meaning in spending hours on my hands and knees in the lab looking for that gold inlay that I was scheduled to seat in 5 hours? Maybe… but many experiences, especially in research were very influential in ways that weren’t immediately apparent.

I started getting involved in various research opportunities before starting dental school mostly because I thought it would help me matriculate. I worked for a pathologist during my college summers and spent the year before dental school in Los Angeles working in a lab at the University of Southern California Dental School. Apart from learning that I wasn’t cut out for basic science research, spending time in the lab taught me several things. For brevity I will focus on two things. First, there are brilliant and passionate people working in research. Secondly, once translated to clinical applications, the research becomes very important for us practitioners.

When looking at specialty programs I knew that getting good clinical training was essential. I also wanted to pursue my research interests in the oral systemic relationship. While at Harvard, these opportunities were plentiful and I was able to participate and publish on multiple projects. One of the unique aspects of Boston is the vast network of research and educational institutions and their willingness to collaborate on projects. I would often start my morning treating patients in our clinic, ride my bike to the Joslin Diabetes Center to see research patients and end my day meeting with my mentor at The Forsyth Institute. It was intimidating at first discussing my ideas with people who had made profound contributions to dentistry and medicine but they always treated me with the respect of a peer.

These renowned institutes attract some of the brightest and most talented people from all over the world to work in dental research. Their contributions are increasingly important, as dentistry becomes more evidence based. They work tirelessly to obtain grants from the NIH and NIDCR to continue their work that ultimately improves our patient care. The importance of collaboration and sharing ideas was one of the most valuable lessons that I learned from education.

As a solo practitioner in private practice, I can see how dentistry can be isolating. And it’s easy to get behind on the rapid advances in research. As clinicians on the endpoint of research, I believe it is our responsibility to remain current not only on treatment but on how dentistry fits into overall patient care. In this regard, I view our dental society as an equally important institution to receive education, share ideas, unify for common interests and keep dentistry the great profession that we all signed up for.
FWDDS Clay Shoot Sign Up Form

Date: Saturday September 30, 2017
Location: Alpine Shooting Range
Address: 5482 Shelby Road
City: Fort Worth, Texas 76140
Time: Registration @8:00 am. Shooters 9:00 am -12:00 pm ish
Cost: $100 per Shooter

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All Shooters Wanted

2nd Annual FWDDS

Sporting Clay Shoot

Date: Saturday, Sept 30, 2017
Where: Alpine Shooting Range
5482 Shelby Road
Fort Worth, TX 76140
817-484-0775
Cost: $100 per shooter

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Register at www.FWDDS.ORG or call 817-263-7177

Registration 8am/ Shooters start at 9am

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Centrally located between the Tanglewood neighborhood and the newly developing Clearfork project. Tanglewood is one of Fort Worth’s highest rated school districts with home values ranking in the top ten percent of Tarrant County. Clearfork will be home to a new mixed-use development featuring the flagship Nieman Marcus and hundreds of new single and multi-family residential units.

Contact 817-437-2761

Date: October 10, 2017
Place: Tarrant County Medical Society Building
Address: 555 Hemphill St.
Fort Worth, Texas
Time: 6:00 pm Drinks/Starters  6:30 pm Presentation
Cost: $30.00 a person
1CE Credit Hour

Learning Objectives:
- Learn what questions you can ask of your patients even before your encounter to discern if they may have a sleep related breathing disorder
- Learn to incorporate pulse oximetry as an important screening tool
- Understand the important components of the physical exam to identify at risk patients and how to incorporate them into your daily practice.

Dr. Steven D. Bender earned his Doctorate of Dental Surgery degree from Baylor College of Dentistry in 1986 and practiced general restorative dentistry for 14 years.

He then studied orofacial pain and temporomandibular disorders at the Parker E Mahan Facial Pain Center at the University Of Florida College Of Dentistry under the mentorship of Doctors Henry Gremillion and Parker Mahan.

From 2000-2015, Dr. Bender maintained a private practice devoted to pain management of the head and face, as well as sleep medicine. Beginning in 2016, he transitioned to a full time faculty member of Texas A&M College of Dentistry and assumed the role of director of facial pain and sleep medicine. He has earned Fellowship in the American Academy of Orofacial Pain, the American Headache Society, the International Academy of Oral Oncology and the American College of Dentists. He is a past president of the American Academy of Orofacial Pain as well as the Fourth District Dental Society of Texas and the Dallas Academy of General Dentistry. In addition, he serves as a consultant for the United States Army.
The United States Environmental Protection Agency (EPA) on June 9, 2017 issued a final rule on amalgam discharges into publicly owned treatment works (POTW), i.e. sewage systems, by dental facilities.

The rule establishes pretreatment standards under the Clean Water Act to reduce discharges of mercury and other metals from dental facilities into POTW, including by requiring the use of one or more amalgam separators or other devices and the prohibition of use of certain kinds of line cleaners. The compliance date for this rule is July 14, 2017 for new dental facilities, whose first discharge of dental amalgam occurred after July 14, 2017 (New Sources). The compliance date for existing dental facilities which are not New Sources is July 14, 2020 (Existing Sources).

The rule applies to Dental Dischargers meaning a facility where the practice of dentistry is performed, including, but not limited to, institutions, permanent or temporary offices, clinics, home offices, and facilities owned and operated by Federal, state or local governments, that discharge wastewater to a POTW.

The rule does not apply to mobile units, or facilities that exclusively practice one or more of the following dental specialties: oral pathology, oral and maxillofacial radiology, oral and maxillofacial surgery, orthodontics, periodontics, or prosthodontics. The rule also does not apply to Dental Dischargers that do not place dental amalgam, and do not remove amalgam except in limited emergency or unplanned, unanticipated circumstances, and that certify such to the Control Authority.

Reporting under the rule is to the Control Authority. It may take some detective work for dentists to determine the identity of their Control Authority. The Control Authority is defined in 40 CFR 403.3(f) as the POTW if the POTW’s pretreatment program submission has been approved, but if not approved, then the Control Authority is the Approval Authority as defined in 40 DFR 403.3. The good news – the POTW for the City of Austin wastewater system users is City of Austin - Austin Water and its One-Time Compliance Report is available at: www.austintexas.gov/sites/default/files/files/Water/SSD/Pretreatment/NewDentalOfficeRulesAndDeadlines.pdf

Water/SSD/Pretreatment/DentalDischarger_OneTimeComplianceReport_Form.pdf

For Existing Sources, a One-Time Compliance Report must be submitted to the Control Authority no later than October 12, 2020, or 90 days after a transfer of ownership. For New Sources, a One-Time Compliance Report must be submitted to the Control Authority no later than 90 days following the introduction of wastewater into a POTW. If a Dental Discharger transfers ownership of the facility, the new owner must submit a new One-Time Compliance Report to the Control Authority no later than 90 days after the transfer. As long as a Dental Discharger subject to the rule is in operation, or until ownership is transferred, the Dental Discharger or its agent or representative must maintain the One-Time Compliance Report and make it available for inspection in either physical or electronic form.

Dental Dischargers are also required to have compliant amalgam separators or other amalgam removal devices, to timely maintain, inspect, and replace amalgam separators or other amalgam removal devices, and to properly dispose of amalgam in accordance with the rule. Records of such compliance are required to be kept and made available for inspection by the government.

For more information, see 82 Federal Register 27176 and Title 40 of the Code of Federal Regulation Part 441. See the EPA website: www.epa.gov/eg/dental-effluent-guidelines See the City of Austin – Austin Water website: www.austintexas.gov/sites/default/files/files/Water/SSD/Pretreatment/NewDentalOfficeRulesAndDeadlines.pdf

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Magnitude of Prescription Narcotic Abuse in the US and its Epidemiology

This is a new requirement for writing Schedule II Prescriptions

DATE: January 9, 2018
PLACE: Tarrant County Medical Society
       555 Hemphill St., FT Worth, 76104
TIME: 6:00 PM – 8:00 PM
COST: $50 for FWDDS Members
       $95 for Non-Members

Reserve Online at www.fwdds.org or call 817-263-7177
Limited Seating Available!

2 CE

Dr. Jackie Plemons

is a board certified periodontist in Dallas, TX. Located in the Park Cities area, she is dedicated to providing the highest quality of periodontal and oral health care in a relaxed and comfortable environment.

Dr. Plemons attended Texas A&M University for her undergraduate training before graduating from Baylor College of Dentistry in 1986. She completed her periodontal residency in 1988 earning a Master of Science in Oral Biology and a Certificate in Periodontics. Dr. Plemons also completed a Fellowship in Oral Medicine and has advanced training in dental implants and dental anesthesiology.

LEARNING OBJECTIVES

Magnitude of Prescription narcotic abuse in the U.S. and its’ epidemiology:

- The extent of prescription drugs across U.S.
- The effects of addiction on families & society
- Use of Texas Prescription Monitoring program
- Potential regulatory issues that will likely affect prescription writing in Texas
- How you can safely prescribe prescription narcotics in the dental office
Our nation is facing an unprecedented opioid epidemic. Deaths by overdose are commonplace.

The Texas Legislature and Texas State Board of Dental Examiners ("Board") are taking action to address this scourge. Under the 2017 Sunset Bill for the Texas Pharmacy Board (House Bill 2561), beginning on September 1, 2019, prescribers, including dentists, will be required to review the Texas Pharmacy Board’s Prescription Monitoring Program (PMP) database for the patient, prior to prescribing opioids, benzodiazepines, barbiturates, or carisoprodol, and may access the PMP for the patient before prescribing any controlled substances. This requirement is to help avert “doctor shopping”, when an addict acquires multiple prescriptions from several doctors. Queries of the PMP for the prescriber’s own prescribing history can also help unearth drug diversion, including by dental practice staff and others. Texas dentists already have access to the PMP and do not need to wait until 2019 before querying the PMP.

Under current Board rules, Texas dentists, who have DEA permits to prescribe controlled substances, must annually conduct a minimum of one self-query of the PMP for the issuance of a controlled substance, and must complete a minimum of two hours of continuing education in the abuse and misuse of controlled substances, opioid prescription practices and/or pharmacology every three years.

In 2017, in Senate Bill 584, the Texas Medical Board was instructed by the Texas Legislative to adopt guidelines for the prescribing of opioid antagonists in conjunction with the prescribing of opioids. Senator West noted in his Bill Analysis: “According to the Centers for Disease Control and Prevention, overdose deaths from opioids have more than quadrupled since 1999. In 2015, more than 33,000 people died from an opioid-related overdose. This number is more than any year.
Nearly half of all opioid related overdose deaths involve a prescription opioid. Opioid overdose deaths could be reduced by establishing guidelines for the appropriate co-prescription of naloxone, an opioid antagonist, alongside opioid prescriptions when a patient is at a high risk of overdose."

Earlier, the 2015 Texas Legislature in Senate Bill 1462 added section 483.101 to the Texas Health and Safety Code to expand the ability to prescribe, possess and administer opioid antagonists. Senator West noted in his Bill Analysis: “Approximately 80 percent of opioid overdose deaths are unintended. At highest risk are the elderly and medically ill who are already medically compromised (this is typically not someone addicted to opioids, but taking opioids for pain as prescribed by a medical doctor). As most of these overdoses are witnessed (family and friends often say they heard the victim “snoring loudly”), there is frequently the opportunity to intervene.”

The Texas Legislature has not passed a law requiring the Texas State Board of Dental Examiners to adopt guidelines for the prescribing of opioid antagonists in conjunction with the prescribing of opioids. Nonetheless, it may be helpful to review the Texas Medical Board’s guidelines for prescribing opioid antagonist, when the guidelines are available.

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