UPCOMING COURSES AND EVENTS

MAY 9, 2019
Annual Installation of Officers
Colonial Country Club

SEPTEMBER 10, 2019
Monthly Meeting
Dr. Fayette Williams

SEPTEMBER 20, 2019
Annual Clay Shoot
Defender Outdoors Clay Sport Ranch

Register online @ www.fwdds.org
ON THE CALENDAR

2019

SCHEDULE OF EVENTS & MEETINGS

May 9, 2019 Annual Installation of Officers
Colonial Country Club

September 10, 2019 Monthly Meeting
Dr. Fayette Williams

September 20, 2019 Annual Clay Shoot
Defender Outdoors Clay Sport Ranch

October 8, 2019 Monthly Meeting
Ms. Jill Santiago, The Tappe Group

November 12, 2019 Monthly Meeting
Ms Diane Rhodes, TDA Senior Policy Manager

Did you know that if you come to just 5 monthly meetings, the FWDDS OSHA Course each January, and the all day CE Course each year, you will have met more than your CE requirements for the year without any travel expense? Plus, it is a good chance to network with your colleagues. Mark your calendars and plan to come!

CHECK THE WEBSITE FOR DETAILS AT WWW.FWDDS.ORG

TOP 5 REASONS TO
BECOME A MENTOR IN THE
FWDDS MENTORSHIP NETWORK:

1. You can share your insightful experiences and knowledge with others
2. You can grow your network and develop relationships with new dentists
3. You can improve coaching, communication, and leadership skills
4. You can exchange ideas and perspectives on issues that impact dentists
5. You will be making a contribution to protect the future of the profession

DO YOU WANT TO BE A MENTOR?
Installation of Officers
Thursday, May 9, 2019
Colonial Country Club

Dinner at Six
Program at Seven
Keynote Speaker:
Mr. Gary Patterson
Head Football Coach at TCU
ANNUAL CLAY SHOOT COMING THIS FALL!

WE ARE RETURNING TO THE NEW & IMPROVED DEFENDER OUTDOORS™

DID YOU HAVE A GOOD TIME LAST YEAR?

BRING YOUR OFFICE, FRIENDS, FAMILY Y’ALL COME!

SEPTEMBER 20, 2019
WWW.FWDDS.ORG
TO REGISTER

WILL BE BACK!
FULL DAY CE PROGRAM

“Exceptional Patient Experience + Quality Dentistry = Success”

Presented by
Dr. Gary DeWood and Amy Morgan

Friday, October 18, 2019

7:30 am
Registration & Continental Breakfast

8:30 am to 4:30 pm
Presentation

12:00 pm to 1:00 pm
Lunch Break

CE CREDIT HOURS: 6.5 Total Hours
3.5 hours Practice Management/Patient Education
3.0 hours Clinical Diagnosis/Case Presentations

Dentist $350 | Staff $75

*EARLY BIRD PRICING THROUGH JULY 31, 2019

Ridglea Country Club
3700 Bernie Anderson Avenue
Fort Worth, TX 76116

GO TO WWW.FWDDS.ORG TO REGISTER

Learn more about the program from Dr. DeWood on our website www.FWDDS.org
“ORAL CANCER: EVERYTHING THE DENTIST NEEDS TO KNOW”

- Identify the significance of oral cancer, its prevalence and overall survival.
- Describe the evaluation, workup, and treatment modalities for the oral cancer patient.
- Discuss the adjunctive oral cancer detection tools available and the indications and contraindications for their use.

Dr. Fayette Williams

Tuesday, September 10, 2019 @ 6PM
Tarrant County Medical Society Building

“The Power of a Purposed Team”

- Learn practical steps to establish trust within a team
- Understand the pitfalls that can harm trust
- Develop a new understanding of accountability

Jill Santiago, President of the Tappe Group

Tuesday, October 8, 2019 @ 6PM
Tarrant County Medical Society Building

“It’s Your Dental License, Protect It”

- Texas Dental Practice Act and Texas State Board of Dental Examiners’ rules and regulations.
- Understanding the law and dental board regulations pertaining to such subjects as standard of care, emergency management, record keeping and allied dental team management.
- Comprehend and implement decision making as it applied to professional conduct.

Diane Rhodes, Sr. Policy Manager @ TDA

Tuesday, November 12, 2019 @ 6PM
Tarrant County Medical Society Building
The threat of corporate forces challenging the traditional way in which we serve our patients has been around since I graduated from dental school in 1980.

As senior dental students my colleagues and I heard about dental clinics being built in Sears stores across the country. These corporate dental stores were supposed to increase access to care, lower cost and improve services to patients. They were also supposed to be the beginning of a practice model set up in other corporate entities that would replace the traditional way that dentistry was delivered and replace the sacred doctor/patient relationship. As a senior dental student it was a little frightening to think that your future profession would be changing so drastically and that competition would be ramped up by well financed corporate giants.

However, as the first of these corporate dental stores opened it was clear that there would be some obstacles to make the new model work. First of all, dentists and dental students are an independent group. One of the main reasons that students are attracted to dentistry is that the individual practitioner could be just that – independent. Each student that entered dental school had some vision of practicing in their own office or in the office of a mentor or family member. Contrasted with the medical profession, dentistry allowed a freedom to set up a practice and operate that practice as a business in the way that the owner/practitioner planned. Organized dentistry strongly supported this practice model since it was believed by most dentists that this model was in the best interest of both the patient and the doctor. The ADA, TDA and local dental societies supported and encouraged the private practice model. Almost all dentists were united through organized dentistry in the belief that the public was best served by private practice dentistry.

My dental school tuition was about $150 per semester. Even at the time it was shocking that students could receive such a great education for such a low cost. This tuition level allowed almost all students to leave school with little or no debt. Armed with a dental degree and no debt it was an easy decision to move to a private practice model. Even though interest rates were at a higher than imaginable rate of 21.5%, banks believed that a young dentist in private practice was a good investment. The corporate model had trouble attracting qualified workers, dental insurance was in its infancy, management was difficult and acceptance from the public was lukewarm. Therefore, the private practice model that served patients so well thrived and the corporate model withered away – temporarily.

Fast forward to today and we can see that tuition costs have skyrocketed. Many graduates leave dental school with hundreds of thousands of dollars in debt. I remember leaving dental school full of hope and potential regarding the almost limitless options of starting a practice. The first thing that most of my friends and I did was buy a new car. Then we systematically got married, had a baby and...
bought our first house. We were also developing some great relationships with our colleagues and patients. Although there was some anxiety and hard work, we truly were living the dream. Today’s graduates have the same dreams and aspirations, however, with a heavy debt load the business options are limited. It is not coincidental that as the debt for dental students has risen and their need for a job instead of a practice has increased, the corporate model has increased. The debt issue for dental students to some degree solved the manpower issue for corporate dentistry. In addition, the proliferation of dental insurance has made the corporate model of dentistry more feasible and more acceptable to the public. So, like it or not, here we are as a profession.

In order to preserve our profession as the best profession in the world it is up to organized dentistry to help the new and established dentists in all practice modalities to see the value of bonding together as a profession to serve the public. When we speak with one voice we protect the time honored traditions of serving our patients to the best of our abilities. As one of my mentors, Dr. Jim Pride, said, we sit down with our friends and neighbors “knee to knee and face to face” not to sell them, but to serve them. This philosophy has guided the practice of dentistry to serve the public better than any other profession. For the vast majority of us it is who we are and why we became a dentist. Just as Dr. LD Pankey encouraged and taught us to create missionaries for our practices, we must become missionaries for organized dentistry. It is up to each one of us to reach out to the non-member dentists in our communities and invite them to be a part of something great. Not only something great, but become a member to ensure that they have a future in their profession that looks like what they want. We all must become activists for our profession in order to serve our patients and to pass the best profession in the world down to the next ones in line. Pick up the phone and call your colleague and friend who has let his membership lapse. Take the young dentist to lunch and discuss with them how organized dentistry is working for their interests. Each one of us can make a difference.
We all know the sedation rules here in Texas are changing. Actually, they seem to be changing monthly, weekly, even daily. OK, maybe not that fast, but the rules are constantly evolving as our State Board adapts to new legislation adopted by the Texas Congress. Currently there are 5 levels of anesthesia and sedation permits:

- Nitrous Oxide/Oxygen Inhalation Sedation
- Level 1- Minimum Sedation
- Level 2- Moderate Sedation (enteral only)
- Level 3- Moderate Sedation (Parenteral)
- Level 4- Deep Sedation or General Anesthesia

Most of the changes have occurred in Levels 2, 3, and 4, but I’ve heard questions about all the levels. So, having recently completed a Level 1 Permit course, I thought I’d answer a few of those questions.

Do I need a Level 1 permit if I write a script for the patient to take at home before their appointment? Yes, a dentist can write a prescription for anxiety (Halcion) for the patient to take at home. However, if the patient is not sedated enough, you cannot give them a supplement dose, or use nitrous to supplement the level of sedation without a Level 1 permit. And, you cannot write a script for sedation for behavioral reasons for a patient without a Level 1 permit.

Can I just keep my Nitrous permit and avoid all the record keeping requirements? Any dentist doing any level of sedation, including nitrous, is required to develop written emergency preparedness policies that must be reviewed annually and documented. All permit levels are required to have a pre-operative sedation/anesthesia checklist. Emergency drugs (and logbook), emergency protocols and staff training, and equipment are also required for the different permit levels.

What the heck does a pulse oximeter look like? A pulse oximeter is the “ET” finger, the small clip that attaches to the patient’s finger and measures oxygen saturation. You are currently not required to have a pulse oximeter reading for your patient if you are doing either nitrous oxide/oxygen inhalation or Level 1 sedation by itself. However, if you are using nitrous and Level 1 minimal sedation together pulse oximetry “must” be used. You can spend $20 on a simple pulse oximeter that doesn’t record any readings, to $2000 for one that will record oxygen saturation, automatically take pulse/blood pressure readings at whatever time interval you set and print out a record of those readings, to even more expensive models.

Why do I need the patient’s aspirin classification? OK, now I’m really showing my age. ASA stands for American Society of Anesthesiologists, and they classify patients from Class 1 to Class V, depending on their health. It’s an easy classification system to learn (Class I- healthy patient, Class II- mild systemic disease, etc.), and is required in the health history of patients being sedated.

Can I get my Mallampati vegan, easy on the curry? Maybe, but your Mallampati score as we use it is a measure of your airway space and is another classification that needs to be recorded in a sedation patients’ history. It’s easy and just takes seconds to do (have your patient stick their tongue out without saying “ah”), graded from Class I to Class IV.
depending on how much airway is showing. And it’s also helpful in our snoring/sleep apnea patients.

As I’ve said, our sedation rules are subject to change (except I don’t think you’ll ever get your Mallampati vegan), so watch for any updates. There is definitely more paperwork now with the new requirements, but after taking the Level 1 course, I can say my office will be better trained and organized because of it. And, as I’m getting up in years, I want my staff better trained to handle any emergency that might come up in case I’m the one needing help. Current CE requirements are 6 hours every 2 years for Level 1, 8 hours every 2 years for Level 2&3, and 12 hours every 2 years for Level 4. And if an emergency does come up in my office, I will know those were hours well spent.
In preparation for our new board year we’ve asked our continuing board members to share their thoughts with us on achievements, heroes, and the perfect dental society. Here’s what they had to say.

**FWDDS**: What do you consider your greatest achievement?

**Dr. Knight**: “My greatest achievement is being a small part of raising four children into fully functioning adults. Every day they amaze me and fill me with pride at how well they deal with life and others in such a positive manner.”

**FWDDS**: Who are your heroes in real life?

**Dr. Knight**: “My greatest heroes are people who give back to those in need with asking for recognition.”

**FWDDS**: What is your idea of a perfect dental society?

**Dr. Knight**: “My perfect dental society will do these three things:
1. Offer quality continuing education with fees as low as possible
2. Grow our society to where it can help support local dental clinic for the underserved in our community
3. Continue to keep our society dues as low and affordable as possible”

**Dr. Elizabeth Laborde**  
2019 – 2020 President Elect

**FWDDS**: What do you consider your greatest achievement?

**Dr. Laborde**: “I think my biggest achievement is not one single event, but more so my ability to keep moving and not give up when things get difficult. I used to be really into Crossfit, and my favorite coach would always say, ‘just keep moving!’ I’ve found that to be some of the best advice I’ve ever gotten. Sometimes, as a mom of 3 tiny children, that means just hanging in there for another 15 minutes. When things get crazy, I tell myself to keep moving, and that things will probably be at least a little better in 15 minutes.”

**FWDDS**: Who are your heroes in real life?

**Dr. Laborde**: “My heroes in real life are largely a group of dentists who surround me and inspire me. I’ve always looked up to Drs. Amy Bender and Jessica Brigati. They are both amazing dentists and women in our community who own their own practices and have had leadership roles in the FWDDS and other organizations. Their close friendship is also an inspiration to me because it reminds me how we can be supportive of one another and have fun together. Other heroes of mine include Dr. John Boyd, who has been such an excellent example as a leader of our current board. I have learned so much and been so encouraged by him. There was a point where I considered if I should remain on the FWDDS board because I had a newborn and twin two-year olds. I thought I couldn’t possibly keep up and it would be a strain...”

Continued on next page.
for the rest of the members. John encouraged me to stay on and was very reassuring, and for that I will always be thankful. He is a wonderful mentor. He is always thinking of our membership as individuals and as a whole. He has been an incredible asset to the FWDDS in terms of innovation and our new strategic plan and direction the board has taken the Society. Finally, the dentist closest to me and my favorite hero, is my husband Joe. He is my biggest cheerleader and inspiration. He is amazing clinician and caring doctor, and extremely dedicated to our family. He can fix anything. Anything! It’s amazing. He also remains calm under pressure, and can diffuse a tense situation with his great sense of humor. I know I can always count on him, and that has been a great source of strength.”

FWDDS: What is your idea of a perfect dental society?

Dr. Laborde: “My idea of a perfect dental society is one that welcomes diversity and is open to change, and that champions the values of promoting our profession and looking out for our best interests. I love that our current dental society hosts monthly meetings in a casual, easily accessible location and it’s OK to come in scrubs. I also love that we have parties and events at all types of locations, from happy hours to Top Golf to clay shoots, and holiday parties at beautiful country clubs. I also was extremely proud of the members who traveled to Legislative Day to speak to our representatives about issues that will impact our profession. I know that we aren’t perfect however, we are earnest and we care deeply about our membership, and we are always looking for ways to improve.”

FWDDS: What do you consider your greatest achievement?

Dr. Dix: “Personally, my family. Karen and I will celebrate our 35th wedding anniversary this summer. We have two grown sons. They graduated from college and never have given us any trouble! We now have an 18 month old grandson that we are spoiling as much as possible! Professionally, 31 years ago I started my dental practice with no staff, no patients, and very little money. I borrowed $35,000 to get started! It has grown into a very strong, busy and successful practice. It probably didn’t hurt that I was the 4th dentist to open in Keller!”

FWDDS: What do you consider your greatest achievement?

Dr. Dix: “ My idea of a perfect dental society would be one that is run well and has an active membership. I believe our dental society is run very well. Cindy and Rachael are doing a great job of running the office. Our board is doing an excellent job of overseeing the organization and providing great leadership. I would love to see our membership be more involved; more people at meetings; more members involved in our outside activities. The energy created by having more active involvement would make our society even better and create a tighter bond among the dentists.”

FWDDS: Who are your heroes in real life?

Dr. Dix: “ My dad, Lowell Dix. He worked at Alcon for 42 years. He saw it grow from a garage size building to a giant corporation. He and my mom have been married for 60 years. Obviously, he has been a very stable influence in my life. He is now taking care of my mom who has Alzheimer’s. What a leader by example of how to live your life! Another is Dr. Bill Gerlach. Nobody can tell him I said this! Bill and I were dental school classmates and friends. He was just another guy, like me. He has turned his PASSION for dentistry into a great career. He followed his love of being involved in the TDA to now being the TDA President. Way to go Bill!”

FWDDS: What do you consider your greatest achievement?

Dr. Boyd: “ My greatest achievement probably hasn’t happened yet. Faith and family comes to mind first, but I’ve
always had a feeling that there is more to come. Even in this early phase of retirement I don’t feel like I have ‘done it.’ Jean and I both are interested in new things and curious about how we can do them. We are still ready for new challenges. I probably will not realize it when I have reached my greatest achievement.’

FWDDS: Who are your heroes in real life?

Dr. Boyd: “My heroes in life are the volunteers – all kinds of volunteers. In our dental society we have fantastic people who volunteer to do what needs to be done in the best interest of all of us and our profession. Even after a long day of work these people attend meetings, make decisions, and do the work. They do this unselfishly with a sense of service, purpose, and duty. We wouldn’t have a profession without them.”

FWDDS: What is your idea of a perfect dental society?

Dr. Boyd: “A perfect dental society would be one in which all of our members are engaged. We can all be heroes. It is one thing to pay your dues; it is another thing to actively take a part in activities that help preserve what is in the best interest of the patients that we serve and the dental community. When we truly think about our dental society as a community, we will approach that perfect dental society.’

FWDDS: Who are your heroes in real life?

Dr. Wear: “I think Admiral Stockdale was a real hero. He showed a lot of strength, leadership and fortitude during the 7 years he was held as a prisoner in Vietnam.”

FWDDS: What is your idea of a perfect dental society?

Dr. Wear: “A society where members see each other as peers and are open and welcoming to new members.”

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Investments and/or investment strategies involve risk including the possible loss of principal. There is no assurance that any investment strategy will achieve its objectives. Investment advisory services are offered through F3 Wealth Management, LLC., an SEC Registered Investment Advisor.
Dr. Neil has been a practicing dentist for over 30 years. She graduated from The University of Texas Health Science Center, at San Antonio. Dr. Neil has been enjoying the wonderful evolution of dentistry, and all that it has to offer. Through experience, commitment to continuing education, and a caring attitude, she has been able to maintain a solid reputation as one of Fort Worth’s finest clinicians. Dr. Neil is a member of the American Dental Association, Texas Dental Association, Fort Worth District Dental Society, American Academy of General Dentistry, American Academy of Implant Dentistry, Spear Faculty Club and Ceredocs. She enjoys snow skiing, reading and traveling.

Dr. Scheideman earned his BS in Biology from Texas Christian University, followed by his DDS at Baylor College of Dentistry. He then completed Parkland Hospital’s three-year residency program in Oral and Maxillofacial Surgery, earning his certificate. Dr. Scheideman is a member of the American Association of Oral and Maxillofacial Surgeons, Texas Society of Oral and Maxillofacial Surgeons, American Dental Association, Texas Dental Association, and the Fort Worth District Dental Society. Dr. Scheideman and his wife Sara have been married for over 36 years and they have three children; Erin, Blaine and Hannah. In his free time Dr. Scheideman enjoys bicycling, golf, and flying his Baron.

Dr. Flosi began to consider Fort Worth home as she worked towards her Bachelor’s degree at Texas Christian University. She earned her DDS from Texas A&M University Baylor College of Dentistry and is delighted to be returning to Fort Worth. She is committed to continuing education as well as personal and professional growth. Dr. Flosi is a member of the American Dental Association, Texas Dental Association, Fort Worth District Dental Society, and Academy of General Dentistry. In her free time she loves attending TCU football games, discovering new restaurants with her husband Jake, and walking with her Golden Retriever, Sadie.
"Joe, Sarah, and Nathan will be completing their terms on the board of directors soon. Each of these people have unique qualities that have made them effective members of the board of directors. However, they have many things in common too. Despite their young age they have all developed a powerful feeling of responsibility towards their profession and the future of dentistry. Their work on the board has shown a commitment to do their part to make the dental society an organization for which we can all be proud. Joe, Sarah and Nathan are all excellent clinicians, smart and dedicated students who are always striving to be better at serving their patients in the most effective way. They all have young families and each of them have figured out a way to balance their family life and work life with their service to their profession. I will miss each of them and their contributions to the board, but I look forward to following them in their careers and in raising their beautiful families." Dr. John Boyd, 2018 – 2019 President

"My advice to incoming members of the board is to keep a broad perspective. It is important to understand that our component has the largest geographical area in Texas. That fact really opened my eyes. Getting to know the members is crucial in learning their needs. I needed to adapt and understand that the needs of our society truly are a broad spectrum. Understanding different walks of life and backgrounds helped me understand better the needs of the society members. Also, understanding sacrifice is necessary to be a board member. The board meetings and involvement demand time and effort but the reward is worth it. The developing fellowships and friendships that I’ve gained are worth all of the time invested! I will truly value the relationships that I have gained through being on the board these last two years. My last piece of advice is be willing to say yes! You would be surprised what things you can accomplish through joining forces with the other amazing professionals of this organization. It’s definitely something you will never regret." Dr. Sarah Morris

Dr. Tim Knight – "The quality I admire in Sarah the most is her immediate action on things. If you ask her to do something, you’d better be ready for it because she’ll be on her phone tracking down contacts before the last word is out of your mouth. Because of her dedication to continuing education, she has contacts everywhere."

Dr. Eric Wear – "I admire Sarah’s passion for dentistry and her commitment to further educating herself. She is an inspiration to other dentists."

Dr. Russell Dix – "I admire how passionate she is about learning more about dentistry and applying it to her practice."

Dr. John Boyd – "Sarah has been our “checker” on the board. She is attentive and watchful. Sarah has lots of good questions that need to be asked in order for the rest of us to make sure that we all understand what is going on and that we are getting value for what we are doing. Sounds like a good trait for a good mom. She is kind, courteous and a little bit mischievous."

Dr. Elizabeth Laborde – "Sarah Morris is a prolific thinker and is always coming up with great new ideas for our members. She is sensitive and compassionate and always thinking about the best interests of the dentists in our community. Her commitment to continuing education and scholarship is inspiring and shines great insight into what programming can benefit our society."

Continued on next page.
"What an interesting year it has been for me as the Director Under 10 Years! We had our first child, underwent a major practice overhaul and re-branding, and so much more. It was humbling to be able to join a Board of such stellar dedicated dentists as well as see the immense impact of an effective executive director. Every month presented challenges in the district, but the solutions and progress made by our Board consistently exceeded those challenges. I am delighted to be succeeded by Dr. Caitlin Flosi as the Director Under 10 Years. My advice to her is to be herself as this Board is collaborative and encouraging to be a part of. This Director position will always be crucial to have on the Board. Specifically in 2019 there can be major disparities between the generations of current dentists and it highlights the importance of bringing the perspective of a dentist under 10 years into the conversation. Dr. Flosi’s charming personality and passion for her colleagues will be a great addition to our Board of Directors and I look forward to being on call for any input she would like!"

Dr. Nathan Flesher

Dr. Tim Knight – "The quality in Nathan that I admire is his enthusiasm, about both dentistry and life. You never see him without a smile, and he’s always genuinely interested when meeting new people. He has been and will continue to be a great ambassador."

Dr. Eric Wear – "I admire his positive attitude and ability to think outside of the box. He has brought many ideas that will improve FWDDS."

Dr. Russell Dix – "I admire how much he wants to do things right. He wants to treat his patients right, and treat them the best he possible can."

Dr. John Boyd – "Maybe it’s because of his army background and training, but Nathan always has a ‘can do’ attitude. As the youngest on the board he was the most ‘techie’ and never embarrassed us older board members for not being able to figure things out. Nathan will be a real asset to the next New Dentist committee chair. He projects his faith well."

Dr. Elizabeth Laborde – "Nathan Flesher is always motivated and positive. He brought great new ideas and energy to the board of the FWDDS while managing a new and growing practice, and balancing family with a sweet new baby. He is a great example of young leadership in our profession."

Dr. Joe Laborde – "To our new board members, welcome to the Board of the Fort Worth District Dental Society! It is bittersweet for me, to say the least, to go off the board after this May. Although, I am certain that our organization is in great hands with you. Serving on the board may be more work than you anticipated and at times a bit more frustrating than you thought. However, you will find that it can be the most rewarding and the highest privilege to serve our professional community. Know that your voice is valuable. New voices and perspectives like yours are critical to our success. Best of luck!"

Dr. Tim Knight – "The quality I admire most in Joe (besides being an outstanding clinician) is his quiet composure. He never rushes to give an answer, but I’ve found it’s always worth waiting for."

Dr. Eric Wear – "I admire his attention to detail and his strive for excellence. I think this has lead to him becoming an excellent clinician and serving his patients well."

Dr. Russell Dix – "I admire how laid back he is, he appears to not be stressed about anything – although we all are!"
Dr. John Boyd – “Joe Laborde has made an exceptional contribution to our society. Having served on the board in almost every capacity, his five year commitment is almost over. I will miss Joe’s intelligence, sense of humor and loyalty to the profession. He is someone who ‘gets it.’ It has been an honor to work with him over the years on so many make or break issues that have affected the dental society during his term on the board. Joe is a living example of what a person can do, even at a young age, to make a difference for his profession. We need more ‘Givers’ like Joe.”

Dr. Elizabeth Laborde – "Joe Laborde is a cerebral, creative, big-picture kind of guy. These qualities make him great at solution oriented thinking as well as coming up with new ideas. His good nature and even temperament make him a great board member. He’s the kind of friendly face that makes you feel welcome when you arrive to a monthly meeting, and a great ambassador for our society."

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"You don’t have to travel to another country to help the needy. We have great needs in our own backyard, our own community." - Dr. Greg Wright

Dr. Greg Wright serves as the Dental Director at the Mission Health Dental Clinic in southeast Fort Worth

Mission Health Dental Clinic at the El Buen Samaritano United Methodist Church

To volunteer, contact Dr. Wright at (817) 980-4213. The El Buen Samaritano United Methodist Church is located at 3429 Strong Avenue, Fort Worth, Texas 76105

DMD – DENTISTS MAKING A DIFFERENCE
In the movie “The Wizard of Oz”, Dorothy, the Scarecrow, and the Tin Man are walking along the Yellow Brick Road when they come to the dark forest. Dorothy asks what could be in that darkness and the Tin Man tells her “there may be lions and tigers and bears”. Dorothy responds with a timely “Oh, my!” And the three of them skip away arm in arm repeating - “Lions and Tigers and Bears... Oh My!”

From the beginning of time we have been afraid of the unknown. As a business owner, one of the biggest unknowns are taxes. Taxes are one of the biggest expenses that you will have over your lifetime. For all intents and purposes, taxes of the future are an unknown. Every election the political winds might change, and you have no idea where taxes might be headed. This is extremely problematic when trying to do any tax planning.

As a dental professional, you most likely have a CPA helping to do your taxes. Every April 15 they tell you how much you owe then file an extension for you. Most CPA’s aren’t very proactive when it comes to saving their client’s money. They put the right numbers, in the right boxes, on the right forms, and get them filed by the right date. Essentially this makes them historians – they are recording your tax history.

Proactive tax planning means implementing strategies to minimize your future taxes. This is extremely important, because I believe taxes will be going up significantly in the future.

SEVEN AREAS WHERE YOU COULD BE LOSING SIGNIFICANT WEALTH.

• Do you have kids or grandkids that are 7+ years old? This is a commonly overlooked area where you can employ your kids and teach them a good work ethic. You get a tax deduction for your business and your kids get up to $12,000 per year tax free. This is a great way to pay for college.

• Do you have a swimming pool, workout room, tennis court or sauna at your house? Let’s use a swimming pool as an example; it is possible to deduct the $100 monthly fee that you pay to have your pool maintained. Through Section 132 of the IRC, you can deduct the $1,200 a year that was coming out of your pocket.

• Do you currently deduct 100% of your medical expenses? I am talking about your health insurance premiums, dental, braces, long term care, contacts, LASIK, chiropractic, etc. Probably not, because the current tax code only allows you to deduct medical expenses if they are above 10% of your AGI. It is possible to avoid the 10% floor, deduct 100% of your medical expenses, and save self-employment tax at the same time.

• Do you a have staff meetings every month. Did you know that you can turn your staff meetings into tax free income to you and a tax deduction to your business?

• As the owner of a dental practice, if you were to become disabled, you would probably bring in a temporary dentist and continue to pay yourself. Did you know that it would be illegal for you to do so? If you don’t have a Qualified Sick Pay Plan in place, you cannot pay yourself. It is a simple form, yet most dentists do not have one in place.

• At some point in the future, you are going to sell your practice. With no planning, long term capital gains tax will take roughly 25% of the sale price. If structured properly, it is possible to sell your practice and pay zero tax.

• Most likely your CPA recommended to you to max out your SEP IRA to “save” taxes for 2018. In reality, you aren’t saving any taxes, you are merely deferring them to a future date and future tax rate that you don’t know. At retirement the government will get to decide what portion of your IRA that they “need” for that year. The government didn’t share in making contributions to your SEP, they didn’t share in the stock market risk, but they sure will take their share once you retire. I call this “Robin Hood Theory.” I take the strategies of the ultra-wealthy and bring them down to the average business owner. The ultra-wealthy do not use a SEP IRA or 401k for retirement planning. They look for ways to get to a zero percent tax bracket. Characteristics of the strategies that the wealthy use include – no contribution limits, no income limits, tax advantaged growth, tax exempt income at retirement, access to the cash prior to age 59 ½ (great for business owners), protected from creditors and no required employee contributions.

IF YOU ARE NOT ENGINEERING YOUR WEALTH, SOMEONE ELSE IS.
FWDDS Annual Golf Tournament
Thank You to the Teams That Participated

Bill Rastin
John Struble
Tom Young
Bob Pendry
David Mikulencak
Alex Carmack
Eric Wear
Jamison Nieves
Bard Leafthaihoz
Fred Sprengle
Larry Sprengle
Gary Pointer
JD Arnold
Jerry Arnold
Ryan Adair
Ron Adair
Perry Allen
Russell Dix
Scott Walker
Kenneth Nicholson

SCORE 56
Closest to Pin #2
Bob Pendry

SCORE 58
Closest to Pin #7
Ron Adair

SCORE 64
Closest to Pin #12
F. Sprengle

SCORE 60
Closest to Pin #14
Ron Adair

SCORE 63
Long Drive #18
Bob Pendry
Todd Young

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FWDDS would like to extend a warm welcome and thank you to Valliance Bank for being the Signature Sponsor for the Installation of 2019 – 2020 Officers on May 9, 2019. We recently had the opportunity to speak with Valliance and learn more about the bank.

FWDDS: It is my understanding that Valliance Bank is relatively new to our area. Can you share some of your thoughts on why the bank chose Fort Worth?

VALLIANCE BANK: “We were looking for a dynamic market fully committed to growing the business community. Additionally, we were looking to be in a market that is community focused relationship driven and loyal. Hands down, Fort Worth was the natural choice. With the success we have enjoyed over the first two years, Fort Worth has proven to be the perfect home.”

FWDDS: From your perspective, what do you think are some of the biggest business challenges facing dentist today?

VALLIANCE BANK: “We feel one of the biggest challenges dentists face is creating the right balance between managing the day-to-day business operations and patient care. Historically, Valliance has been able to create efficiencies in business management, allowing the dentist to focus on the patient experience. The other dynamic we see is the growth in the corporate dental model, as compared to a stand-alone sole practitioner model. This paradigm has made it challenging for the tenured dentist to monetize his/her exit strategy while limiting the opportunities for younger associates to purchase a practice.”

FWDDS: What are some of Valliance Bank’s products and services that offer the greatest benefit to dentists?

VALLIANCE BANK: “Our commitment and understanding of the Dental Industry has proven to be our greatest benefit to the local dentist. Since opening the bank in 2004, we have been committed to serving the Dental community. We feel our understanding of issues facing dentists at various career stages shapes our approach to becoming a true partner.”

FWDDS: Tell us how your bank is different from other banks in our community?

VALLIANCE BANK: “Our people are the unquestionable difference makers for us in the marketplace. Our team of talented and dedicated bankers truly deliver relationship banking. One of our greatest attributes is creative listening – we listen to our customer’s needs and wants, and then we create solutions. Tailoring our approach for each customer provides significant value.”

Shelby Bruhn
President

Adam Gwin
Commercial Banker

Marie Fulton
Treasury Sales Officer

Hope Collins
Administrative Assistant

Molly Thames
Business Banker
FWDDS Power Couple

DR. DALE AND JULIA MARTIN

POWER COUPLE – “both individuals bring something to the table, they LEARN from each other, they SUPPORT one another and BUILD together.”

LEARN SUPPORT BUILD TOGETHER

The FWDDS Board of Directors is pleased to announce that Dr. E. Dale Martin will be recognized at our Installation of Officers as the 2019 recipient of the FWDDS Distinguished Service to the Dental Profession Award. This recognition is in honor of Dr. Martin’s tireless efforts for his profession and its future and the impact that he has made in the Fort Worth community. He has served on the Society’s board of directors and is a past president. Dr. Martin represents his Fort Worth colleagues at the Texas Dental Association in various capacities. He is considered by many to be an intelligent, compassionate voice in the dental profession.

Dr. Martin not only dedicates himself to his fellow colleagues, he has an eye on the future by being actively involved in the UT Arlington Alumni Association and College of Science. He relishes the opportunity to promote learning and encourages students to consider a career in the dental profession. He is also devoted to his scouts, Arlington’s Boy Scout Troop 380.

Julia Martin also shares a passion for the dental profession. As a nurse, it has been her life-long pursuit to help others. If you compare their list of individual achievements you can see patterns. Julia is actively involved in the Alliance of the Fort Worth District Dental Society and the Alliance of the Texas Dental Association. She too is a past president of the local Alliance and has served in various capacities with the state Alliance.

Julia is focused on the future of the dental profession by being a consistent welcoming fixture at Texas A & M College of Dentistry. Twice a year she and other members from the AFWDDS bake cookies and bring treats to the students during finals. She and the Alliance members are a warm and welcoming presence to the students.

Continued on next page.

Sounds like a two Dr. Pepper story to me

A strong UTA Alumni supporter
Together they advocate for children’s oral healthcare. Dr. Martin volunteers countless hours of service to Save A Smile and the Children’s Oral Health Coalition led by Cook Children’s Hospital. Julia is also a supporter of the Children’s Oral Health Coalition and is actively involved in promoting and supporting oral healthcare education to school age children. As a team, they are a formidable force in the community campaigning for better oral healthcare for kids who would be easily overlooked and underserved.

Dale and Julia, through their passion for learning and support of each other and the dental profession have built a legacy of service. Together they have made a lasting impact on the Fort Worth community.
When taking care of smiles, make each moment matter.

PNC can help.

We're making business banking easier.
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– Gus Gates, DDS

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– Robert G. Vitteto, DDS

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